

WHAT IS CLAIMED IS:

1. An insert-nut of a carrier in a car characterized in that the insert-nut is engaged with a plastic part of the carrier in the car, at least one groove is formed in longitudinal direction at regular intervals, and the insert-nut is formed in a polygonal

5 shape.

2. The insert-nut of a carrier in a car according to claim 1, wherein the insert-nut is formed in a hexagonal shape.